

A Support Group for Special Needs Caregivers



*Facilitated by
Jennifer Iannuzzi, MSW, LCSW*

As a parent of a child with special needs, I understand the emotional toll it can take to be the caregiver of someone with special needs. I know the unique stress and relationship dynamics that develop in those circumstances and can provide insight, therapeutic support, and the tools so you can not only survive, but thrive. With the support of the group we will learn how to find that balance between caring for your loved one and caring for yourself.

The group will cover topics such as...

- Self Care
- Family Dynamics
- Transitions
- Chronic Grief
- Support Systems

This 6 week group will begin on Thursday, February 17th and will run through Thursday, March 24th

Time: 12-1pm

Location: Virtual

Cost: \$150 (space limited 10)

To register please contact Jennifer Iannuzzi at 917-968-9213 or send an email to jmiannuzzi@gmail.com. Visit my website at: <http://jenniferiannuzzilcsw.com>

You have the potential to live a rewarding life filled with peace and joy. Living special needs is not easy, but together we can figure out how you can do it with a renewed sense of hope.